

Fabulous Flax Seed

USDA flax seed is 3X cleaned and 99.9% PURE

Flax Seed And Arthritis

Flax seeds have natural anti-inflammatory benefits, which means that if you suffer from arthritis, you may be able to soothe your pain with this miracle food. The Omega-3 fatty acids found in flax seeds are used by the body to produce Series 1 and 3 prostaglandins, which essentially act as anti-inflammatory hormone-like molecules. Series 2 prostaglandins are pro-inflammatory molecules that are found in abundant amounts in animal fats, margarine, and various vegetable oils including corn, sunflower, and peanut oils.

Serious illnesses such as rheumatoid arthritis and multiple sclerosis are considered autoimmune diseases, as the body attacks itself. The result is that the joints become swollen and inflamed, and the blood vessels become severely compromised. The side effect of this serious condition is extreme, debilitating pain in the joints.

Research has proven that a natural approach to treating rheumatoid arthritis through diet can be exceptionally helpful and well-tolerated by individuals who have not responded well to conventional medications and/or treatments. The Omega-3 fatty acids in flax seeds are key to cleaning out the blood vessels in the body and supporting optimal joint health. Many top researchers and scientists are now realizing just how beneficial flax seeds are in not only treating specific conditions like arthritis, but may also help boost the immune system, improve cognitive abilities, fight obesity and diabetes, and ward off cancer and cardiovascular disease.

Fight Arthritis Pain with Flax Seeds

If you suffer from arthritis pain, we hope you will try Fabulousflaxseed.com's high quality golden flax seeds. We work hard to provide our customers with only the highest caliber seeds by triple cleaning all seeds before sealing them in jars for shipment. We provide instructions for use, as well as some additional information about the nutritional content of our premium seeds. Just a quarter cup of ground flax seeds per day may be what you need to beat the aches and pains associated with arthritis! For more information, feel free to contact us at sales@Fabulousflaxseed.com.